

## **SVDP CROSS COUNTRY (“XC”) – 2018 (FALL) REGISTRATION FORM**

The 2018 SVDP XC team registration is now open. Runners (boys and girls) in the **6th, 7th, and 8th** grades (**Fall**) are eligible to be on the team. The SVDP XC program has an exceptional history of fostering successful athletes and we look forward to another sensational season!

**Form Deadline:** If you would like your runner(s) to join the team, please complete the registration form below (one for each runner you are registering) by **June 1, 2018. DO NOT MISS THE DEADLINE!** Runner registration for the Fall cross country meets occurs during the summer, so we need the runner roster to be completed by the deadline. There will be no runners accepted after the deadline (except in cases of new students to SVDP (Fall)). In addition, only those who have registered by the deadline will be included on the XC Summer Training Program and Parent Letter distribution.

**Schedule:** Official practices will begin on the first day of school (**Fall**). We will have a Summer Training Program consisting of pre-season fun runs throughout the summer. Meets and practices run through October 20, 2018. Practices occur 3 days a week right after school. The team will compete against other schools in the Catholic Schools Athletic League (CSAL) and the greater Denver area at invitational meets (distances vary from 1.8 miles to 5k). The season concludes with the Colorado Middle School State Championship Meet on October 20, 2018 followed by our traditional Team Celebration Dinner. Practice and (tentative) meet schedules, as well as other important information, will be included in the XC Parent Summer Letter (which will be emailed to you this summer).

**CSAL Registration:** Please note that in addition to this registration, you will be asked to register with CSAL ([www.CSALDEN.org](http://www.CSALDEN.org)) in July. You will be notified by email when that registration is open. There is no fee associated with the CSAL registration.

**XC Fee:** There is no fee due at this time. The registration fee of \$70 per runner will be due in the Fall (on the first day of practice). Further details will be covered in the XC Parent Summer Letter.

**Parent Volunteers:** If you are interested in supporting our XC community by biking along with us at practices or helping with meets, please check the volunteer box below and a SignUp Genius link will be sent to you prior to the official start of the season.

**Contact:** Liza Orr - (703) 919-6089 (cell) or ([orr\\_liza@yahoo.com](mailto:orr_liza@yahoo.com)).

-----  
Runner's Name \_\_\_\_\_ Grade (Fall 2018) \_\_\_\_\_

Parents' Names \_\_\_\_\_

Phone Numbers ( ) \_\_\_\_\_ ( ) \_\_\_\_\_

Parents' Emails\* \_\_\_\_\_

**\*NOTE:** Email is our primary form of communication, so please be sure and list applicable (and correct) email addresses in order to receive all information pertaining to the XC program, including the XC Summer Training Program and Parent Letter.

Runner's T-shirt Size (please circle one): **XS S M L XL (adult sizes)**

I am interested in volunteering

Please complete one form for each runner you are registering and return to the front office, e-mail to [orr\\_liza@yahoo.com](mailto:orr_liza@yahoo.com) or text a picture to (703) 919-6089 by **June 1, 2018.**