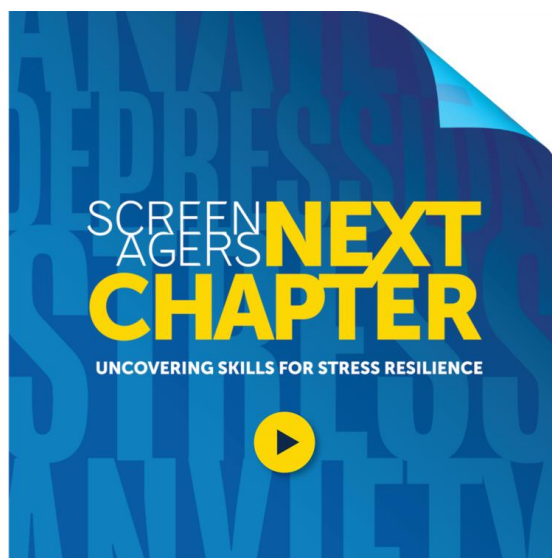


# Come Hear...



## Part 2...

High Stress, Anxiety and Depression are experienced by millions of young people. We follow physician and filmmaker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age.

**WHEN: 11/05/19 7:00PM**

**WHAT: 1 hour documentary screening followed by a panel discussion**

**WHERE: Saint Vincent de Paul Gym**

**WHO: Any parent, middle,\* or high school student**  
**\*SVdP 6-8<sup>th</sup> graders will watch this film during school with Ms. Donahue on Wednesday November 6th**

**COST: FREE**

The challenges parents are facing, and dealing with, are REAL. Let's grow in knowledge and support as a **community at SVdP** to best support our children and families!!

**[screenagersmovie.com](http://screenagersmovie.com)**